

ARE YOU HAVING PAIN?

PAIN IS MANAGEABLE.

- There are medications and non-drug methods to reduce pain that really work.
- Your health care providers can help you if you tell them about the pain.
- Unmanaged pain may be harmful, causing you physical and emotional stress.

If you are in pain,
you have the right
to proper pain
management.
Talk to your
health care
provider.

Use one of the scales below
to help describe your pain:

0-10 Numeric Pain Intensity Scale



Wong - Baker Faces Pain Rating Scale

